










Recreation Calendar July 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:00 Coffee Social 10:15 Scarecrow Game 2:15 Stretch N Bend	2 10:00 Coffee Social 10:15 Word Power 2:15 Rocket Toss Game 4:15 Reminiscing 6:15 North Stonington Baptist Church	3 10:00 Coffee Social 10:15 Bingo 2:15 Exercise 4:15 Reading To Connect	4  10:00 Coffee Social 10:15 Americana Trivia 2:15 Tabletop Bowling	5 10:00 Coffee Social 10:15 A To Z Game 2:15 Gentle Movements 4:15 One To One Visits	6 10:00 Coffee Social 10:15 Fill In The Blanks 2:15 Tabletop Shuffleboard
7 10:00 Televised Mass 2:15 North Stonington Bible Church	8 10:00 Coffee Social 10:15 Crossword Puzzle 2:15 Exercise	9 10:00 Coffee Social 10:00 Pat Mitchell / Music 1:00 In Room Communion 2:15 Paint To Music  4:15 Sensory Group	10 10:00 Coffee Social 10:15 Bingo 2:15 Gentle Movements 4:15 Table Activities	11 10:00 Coffee Social 10:15 "What's My Line" 2:15 Afternoon Movie 4:30-7:00 Car Show , Barbeque with John Banker (Live Music)	12 10:00 Coffee Social 10:30 Rosary 2:15 Stretch N Bend 4:15 Reminiscing	13 10:00 Coffee Social 10:15 Anagrams 2:15 Afternoon Bingo 
14 10:00 Televised Mass 2:15 Afternoon Movie	15 10:00 Coffee Social 10:15 "Are You Smarter Than A 5th Grader?" 2:15 Gentle Movements	16 10:00 Coffee Social 10:15 Split words 10:30 1:1 Music / Alison 2:30 Catholic Mass 4:15 Reading To Connect 6:15 North Stonington Baptist Church	17 10:00 Coffee Social 10:15 Bingo 2:15 Resident Council Mtg 4:15 Reminiscing 	18 10:00 Coffee Social 10:15 Poetry 2:15 Summer Craft  4:15 Sensory Group	19 10:00 Coffee Social 10:00 John Paolillo / Music 2:15 Stretch N Bend 4:15 Table Activities	20 10:00 Coffee Social 10:15 "America Says" 2:15 Tabletop Bowling
21 10:00 Televised Mass 2:15 North Stonington Baptist Church	22 10:00 Coffee Social 10:15 Name That Tune 2:15 Exercise 	23 10:00 Coffee Social 10:15 Chain Reaction 2:15 Frisbee Toss Game 4:15 Table Activities	24 10:00 Coffee Social 10:15 Bingo 2:15 Bible Study / Shirley 4:15 Sensory Group	25 10:00 Coffee Social 10:15 Cooking Group 10:15 Men's Group 2:15 Afternoon Social 4:15 One To One Visits	26 10:00 Coffee Social 10:15 Prayer Service 2:15 Gentle Movements 4:15 Reminiscing	27 10:00 Coffee Social 10:15 Urban Myth Game 2:15 Afternoon Bingo 
28 10:00 Televised Mass 2:15 North Stonington Baptist Church	29 10:00 Coffee Social 10:15 Anagrams 2:15 Episcopal Service	30 10:00 Coffee Social 10:15 Jesse Luke / Music 2:15 Fishing Game 4:15 One To One Visits	31 10:00 Coffee Social 10:15 Bingo 2:15 Gentle Movements 4:15 Reading To Connect	MYSTIC HEALTHCARE & REHABILITATION CENTER 475 HIGH STREET MYSTIC, CT 06355 860-536-6070		